

www.sacc.hokudai.ac.jp

Hokkaido University

Student Advice and Counseling Center

Hokkaido University Student Communication Station 2F Weekdays 9:00-17:00



- Institution for the Advancement of Higher Education
- 02 Gym 03 Health Care Center 04 Welfare Facilities North Cafeteria
- 05 Student Communication Station
- Graduate School of Chemical Sciences and Engineering 07 Hokkaido University Hospital
- 08 School of Medicine Graduate School of Biomedical Science and Engineering 09 School of Engineering

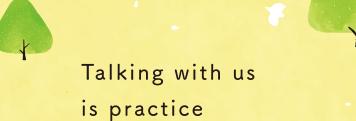
- 011-706-7463
 - Student Counseling Office, Accessibility Services Office
 - 011-706-8001

International Student Counseling Office (English available)

yoyaku@sacc.hokudai.ac.jp Student Counseling Office, International Student Counseling Office

aso@sacc.hokudai.ac.jp Accessibility Services Office





University life is full of new experiences and changes.

You may encounter difficulties and changes that you have never encountered before.

for relying on people.

But don't worry.

While you are still a university student,

start practicing consulting with others.

Once you enter the workforce,

it is natural for people to cooperate

with each other.

One form of "independence" is to increase what you can do with the help of those around you.

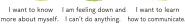
Why don't you start now by learning how to rely on others?

Student Counseling Office

Our services are available to any Hokudai student, regardless of grade or department. You can discuss various concerns about university life, such as academics, relationships, personality, mood swings, career paths, and other things with a counselor who is a licensed clinical psychologist. Please feel free to use our counseling service not only for yourself but also in the case of "I am worried about my friends." The privacy of your consultation will be respected. Please come with peace of mind.













worried about getting

all of my credits. good daily routine.

Please come talk to us with any problem or concern.



International Student Counseling Office









adjusting to Japanese







Our services are available to all international students at Hokkaido University. You are welcome to come in alone or with a group of friends to talk about yourself as well as your friends and family. Counselors are clinical psychologists with study abroad experience who can conduct counseling in Japanese, English, or Chinese. We offer individual counseling, group sessions, and workshops for international students, as well as consultation and training for



International Student Support Desk

Our Peer Support

Unit

Student Counseling Section, Student Peer



Accessibility Services Section

We are looking for peer supporters!

We're looking for peer supporters to provide support to fellow students. You will be trained and paid as a part-time employee. Why don't you join us if you have time between classes?

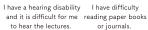


Accessibility Services Office

We provide support for "reasonable accommodations" which are necessary to remove or reduce restrictions/ difficulties in conducting academic studies or research due to disabilities. Reasonable accommodation varies from case to case, and there are no set rules. We are available for consultation with students as well as consultation for families of students with disabilities. We also lend out assistive devices and other equipment. Through dialogue with our coordinators, let's create an environment for learning.

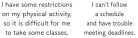














sometimes due to physical problems, but I can feel people watching me and it makes me uncomfortable.

Please come talk to us with any problem or concern.

























Please come talk to us with any problem or concern.







