

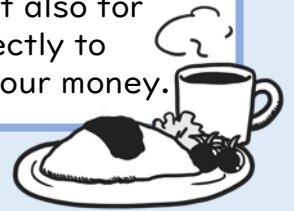
# Life at the University- Differences from High School!

## 1 Lifestyle

How will life change?



Living alone, away from your family, may be liberating. However, your daily rhythm (or daily schedule) tends to change. Therefore, it is important to set a fixed time for waking up and going to bed. When you live alone, you must not only be responsible for throwing out the garbage, doing your laundry, and cleaning your house, but also for knowing the date when your gas, water, or electricity bills are charged directly to your bank account. It is also important that you have a spending plan for your money.



## 2 Registering for courses

After you decide which courses to take, it is important to double-check that you are not missing out on any of your required classes. You should also check the dates for registering and cancelling elective and intensive courses.



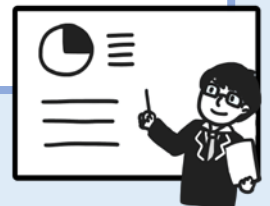
## 3 Collecting information

At the university, there is no homeroom class like in high school, and you will not be taking all of your courses with your friends. Therefore, you must collect important information (class info, scholarship info, etc.) on your own. Collecting essential information such as cancellation of lectures or change of lecture rooms, from the tremendous amount of available information, is a skill you must develop. You should check the bulletin boards, ELMS, and your email regularly.



## 4 How classes are conducted

At the university, classrooms are bigger and the length of class time is longer (90 minutes). As for the structure of the classes, there is a lot of variation depending on the professor including discussions to express your own opinion and writing reports, which are quite different from how you studied in high school.



## 5 What is the Student Advice and Counseling Center?

Being a university student, you may face some hardships regarding your studies, relationships with your family and friends, and other problems. At the Student Advice and Counseling Center, there are counselors, clinical psychologists, and coordinators who will respond to your issues and provide their best support to help you solve any kinds of problems you have.

